

**BROKENSHIRE COLLEGE**  
**Madapo, Davao City**  
**Bachelor of Physical Education**  
**Major in Sports and Wellness Management**  
**Effective SY 2009 – 2010**

**FIRST YEAR**  
**First Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	Eng 1a		Basic Grammar	3
	Fil 1		Sining ng Pakikipagtalastasan	3
	Math 1A		Fundamentals of Mathematics	3
	Psych 1		General Psychology	3
	CE 1		Basic Principles in Computer Operation	3
	RS 1		Message and Teaching of Old Testament	3
	PD 1		Academic and Personal Adjustment	1
	PE 1		Self-testing Activities and Gymnastics	2
	NSTP 1		National Service Training Program 1	3
	Econ 1		Basic Econ with TAR	3
			<b>Total</b>	<b>27</b>

**Second Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	Eng 2a	Eng 1a	Advance Grammar	3
	Fil 3		Retorika	3
	RS 2	RS 1	Message and Teaching of Old Testament	3
	CE 2	CE 2	Advance Software Application	3
	Math 1	Math 1A	College Algebra	3
	NS 1		Biological Science	3
	PE 2	PE 1	Fundamentals of Rhythmic Activities	2
	NSTP 2	NSTP 1	National Services Training Program 2	3
	Hist 3		Life & Works of Rizal	3
			<b>Total</b>	<b>26</b>

**SECOND YEAR**  
**First Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	Philo 1		Philosophy of a Person / Philosophy of Man	3
	His 2		Philippine History	3
	PE 3	PE 2	Individual & Dual Sports	2
	Eng 3a		Academic Reading & Critical Thinking	3
	SWM 101		Foundations of P.E. Sports & Wellness	3
	SWM 102	NS 1	Human Anatomy & Physiology	3
	SWM 108	Eng 2a	Sports & Wellness Communication & Culture	3
	SWM 111	Math 1	Sports & Wellness Program Finance & Accounting	3
	PD 2	PD 1	Self-Awareness & Management	1
	Math 3		Basic Statistics	3
			<b>Total</b>	<b>27</b>

**Second Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	Philo 2		Logic and Critical Thinking	3
	PE 4	PE 3	Team Sports	2
	Lit 11		Literature of the Philippines	3
	SWM 103	SWM 102	Introduction to Biomechanics	3
	SWM 107	SWM 101	Principle of Sports & Wellness Management	3
	SWM 109	SWM 111	Marketing & Promotion in Sports	3
	SWM 110		Facilities & Resource Management	3
	SWM 113	Psych 1	Introduction to Sports & Wellness Psychology	3
	SWM 106		Leisure & Recreational Activities	3
			<b>Total</b>	<b>26</b>

**Summer**

SG	Course No.	Pre-requisite	Course Description	Units
	NS 3		Earth & Environmental Science	3
	SWM 104	PE 3	Sports Activities (Individual-Dual Combative & Team Sports)	6
			<b>Total</b>	<b>9</b>

**THIRD YEAR  
First Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	PS 2		Politics & Governance with Philippine Constitution	3
	SWM 112	SWM 101- 111	Organization & Management of P.E., Sports & Wellness Program (Practicum)	6
	SWM 114		Sports & Wellness Law	3
	SWM 128		Sports & Wellness Activities for Special People	3
	SWM 129	SWM 108	Sports Journalism	3
	SWM 118		Applied Sports & Wellness Nutrition	3
	SWM 105		Fitness & Wellness Activities (Methods of Physical Conditioning & Health Related Activities)	3
	Pd 3	PD 2	Values Development and Interpersonal Relationship	1
			<b>Total</b>	<b>25</b>

**Second Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	SWM 123/Res 11		Research I/Methods of Research	3
	Eng 3		Speech & Oral Communication	3
	SWM 115		Management of Sports Competition & Events	3
	SWM 116		Sports & Wellness Ethics	3
	SWM 117		Human Resource Management	3
	SWM 120		Emergency Medical System	3
	SWM 119		Sports & Wellness Tourism	3
	SWM 126		Dance Sport & Recreational/Ballroom Dance	3
			<b>Total</b>	<b>24</b>

**Summer**

SG	Course No	Pre-requisite	Course Description	Units
			<b>Total</b>	<b>9</b>

**FOURTH YEAR  
First Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	Practicum 1		Practicum 1 for Sports and Wellness Management	6
	SWM 124/Res 12	Res 11	Research 2 / Thesis Writing	3
	SWM 121		Sports History	3
	PD 4	PD 3	Career Development and Community Involvement	1
			<b>Total</b>	<b>13</b>

**Second Semester**

SG	Course No.	Pre-requisite	Course Description	Units
	Practicum 2			6
			<b>Total</b>	<b>6</b>